

CURRICULUM VITAE

Dr. med. univ. EDUARDO CORTÉS ROLDAN LMS MD FRCOG
Facharzt für Gynaekologie und Geburtshilfe, Sub-specialist in Urogynaecologie

PERSÖNLICHE DATEN

| | |
|---------------|---|
| Name | Eduardo Cortes Roldan |
| Email | ordination@gynaecor.com |
| Nationalität | Spanisch |
| Sprachen | Spanisch (Muttersprache) Katalan (Muttersprache) Englisch (C2) Deutsch (fachlich C1) |
| Registrierung | GMC Full registration GMC No 4465340 Österreichische Ärztekammer |

[Eduardo Cortes | LinkedIn](#)

STUDIUM UND POSTPROMOTIONELLE AUSBILDUNGEN

- 1994 **Promotion zum Doktor der gesamten Heilkunde.** (Licentiate Medicine and Surgery), Universita Autonomo Barcelona, Spanien
- 1995 **Facharzt für Allgemeinmedizin** (Universitätskrankenhaus Vall d'Hebron Barcelona)
- 2009 **Facharztprüfung für Gynäkologie und Geburtshilfe (MRCOG)**, Royal College of Obstetricians and Gynaecologists, Großbritannien
- 2013 **CCT Obstetrics & Gynaecology (certificate of completion of training)** Beendigung der Facharzt Ausbildung in Gynäkologie und Geburtshilfe, London Deanery, Großbritannien
- 2013 **MD(Res)** (gleichzusetzen mit PhD) University College London, Großbritannien
- 2013 **Sub-specialty Akkreditierung in Urogynaecology**, King's College London, Großbritannien
- 2021 **FRCOG** Fellow of the Royal College of Obstetricians and Gynaecologists (RCOG senior membership)

MITGLIEDSCHAFT BEI FACHGESELLSCHAFTEN

Royal College of Obstetricians and Gynaecologists

British Society Urogynaecology (BSUG)

International Continence Society (ICS)

International Urogynecology Association IUGA

European Urogynaecology Association EUGA

BERUFSERFAHRUNG

Österreich

- Feb 25 - heute External Academic Consultant Urogynäkologie. Innovacell GmbH
- Feb 24 - heute Wissenschaftlicher Mitarbeiter in Urogynäkologie.
Landeskrankenhaus Hall Tirol Kliniken.
- April 23 - Sept 23 Wissenschaftlicher Mitarbeiter in Urogynäkologie (senior academic)
Medizinische Universität Innsbruck
- Feb 22 - Aug 22 Facharzt für Gynäkologie und Geburtshilfe St. Vinzenz Krankenhaus
Zams, Tirol (unter §35)

Grossbritannien

- April 15 – Dez 21 **Consultant (Primarius)** Urogynaecologist & Obstetrician
Head of Urogynaecology, Lead for Gynaecology
Kingston Hospital NHS Foundation Trust, London
- Jun 13 – March 15 **Clinical Fellow Urogynaecology** and Oncology
Guy's and St. Thomas' Hospital, London
- April 10 – Juni 13 **Sub-specialty training Urogynaecology**
King's College Hospital / Guy's & St Thomas' Hospital, London

Facharztausbildung (London Deanery training)

| | |
|---------------------|--|
| April 04 – April 10 | Specialist Registrar O&G year 7 Guy's & St Thomas Hospital NHS FT, London |
| | Specialist Registrar O&G year 6 University Hospital Lewisham, London |
| | Specialist Registrar year 5 Guy's & St Thomas' Hospital NHS FT, London |
| | Specialist Registrar year 4 Queen Mary's Hospital, Sidcup, London |
| | Specialist Registrar year 3 Queen Elisabeth Hospital, London |
| | Specialist Registrar year 1&2 Guy's & St Thomas' Hospital NHS FT, London |
| Sept 01 – April 04 | Research Registrar (Assistenzarzt in wissenschaftlicher Ausbildung) Royal Free Hospital (UCL), London |

Senior House Officer Jobs in O&G

| | |
|-----------------|--|
| Aug 98 – Aug 01 | Royal Free Hospital (Feb 00 – Aug 01) North Middlesex Hospital (Aug 99 – Feb 00) Preston Royal Infirmary (Aug 98 – Aug 99) |
|-----------------|--|

Senior House Officer in A&E (accident and emergency)

| | |
|-----------------|--|
| Nov 97 – Aug 98 | Blackpool Victoria Hospital, Blackpool, UK |
|-----------------|--|

Spanien

| | |
|-------------------|--|
| März 97- Okt 97 | Arzt für Allgemeinmedizin, "Sant Andreu" Polyclinic, Barcelona |
| Okt 96 – März 97 | Teilnahme an Notarzteinsätzen 061 Emergency Service, Barcelona |
| Okt 94 – Okt 96 | Stationsarzt Geriatrie, Centro Sanitario Horta, Barcelona |
| Sept 93 – Juni 94 | Praktisches Klinisches Jahr University Hospital Vall d'Hebron, Autonomous University Barcelona. |

Gynäkologie und Geburtshilfe

Während meiner Ausbildung und dann als Consultant habe ich alle abdominellen, laparoskopischen, hysteroskopischen und vaginalen Standardoperationen gelernt und in weiterer Folge dann eigenständig durchgeführt.

Ich bin in allen geburtshilflichen Eingriffen (KIWI, Vakuumentextraktion, Zangengeburt, Sectio caesarea, Versorgung von (höhergradigen) Dammrissen als Folge von geburtshilflichen Verletzungen kompetent. Ich kann alle geburtshilflichen Notfälle behandeln und leiten und ich bin kompetent im medizinischen Management von Krankheitsbildern und Notfällen, die während der Schwangerschaft auftreten können.

Den Großteil meiner Ausbildung absolvierte ich in Zentren/ Universitätskrankenhäusern mit komplexen Fällen sowohl im Bereich der Gynäkologie als auch der Geburtshilfe.

Nachdem meine Ausbildung in London stattfand wurde ich mit allen multiethischen und multikulturellen Aspekten meines Berufes vertraut.

Ich habe nach Beendigung meiner Ausbildung durch die Führung meines teams im klinischen und wissenschaftlichen Bereich und durch regelmäßige Dienste meine praktischen und theoretischen Fähigkeiten in Gynäkologie und Geburtshilfe immer aufrechterhalten und weiterentwickelt.

Subspezialisierung in Urogynäkologie

Meine Subspezialisierung war eine kombinierte Ausbildungsstelle zwischen King's College Hospital London und Guy's & St Thomas Hospital NHS FT, London. In Kings College Hospital wurde ich von Mr D Robinson MD FRCOG and Prof. L. Cardozo MD FRCOG OBE ausgebildet und in Guy's & St Thomas' Hospital von Mr C Kelleher MD FRCOG.

Meine Subspezialisierung involvierte die folgenden Einheiten:

Sprechstunden in Urogynäkologie, Kolorektaler Chirurgie, Urologie und Geriatrie

Multidisziplinäre meetings (MDTs) geleitet von Prof. Cardozo am King's College Hospital und Guy's and St. Thomas' Hospital

OP Listen in Urogynäkologie, Kolorektaler Chirurgie und Urologie mit Erlernung chirurgischer Techniken spezifisch für Urogynäkologie:

- Jegliche chirurgische Behandlung von Prolaps (abdominelle, laparoskopische und vaginale Techniken): vordere und hintere Plastik, Hysterektomie, ATLF repair, vaginale sakrospinale Fixation, Sacrokolpopexie, Hysterosakropexie
- Chirurgische Behandlung von Inkontinenz : TVT, TVT-O, Kolposuspension nach Burch und periurethrale Bulkingmethoden
- Tagesklinische Eingriffe : Zystoskopien, Biopsien, intravesicale Botox Injektionen, suprapubische Katheter

- Assistenz bei Ureterrekonstruktionen, ureteric diversion, sekundärer Rekonstruktion des sphincter ani ext., hintere Levatorplastik, laparoskopische VMR, Insertion einer temporären oder permanenten sakralen Nervenstimulation (SNS)

Wissenschaftliche Arbeit, welche die Bereiche OAB, wiederkehrende HWIs, painful bladder syndrome und Prolaps involvierte. Die Experimente umfassten RT-PCR, Immuno-staining, Zellkulturen, Muskeldehnungsexperimente, Micro-array Analyse und Western blotting. Ich baute mir mein eigenes Team auf und meine Forschung wurde vom Rosetree Trust gesponsert. Die Ergebnisse dieser Forschung wurden in einigen internationalen Konferenzen präsentiert.

Consultant in Urogynäkologie und Geburtshilfe

Als Consultant Urogynaecologist am Kingston Hospital nahm ich die besondere Herausforderung an ein neues Beckenbodenzentrum zu gründen. Dies wurde notwendig, nachdem das urogynäkologische Zentrum am St. George's Hospital London kurz zuvor geschlossen hatte.

Die Gründung dieses Beckenbodenzentrums involvierte folgendes:

- Anschaffung der Geräte sowie die Aufstellung von carepathways für Urodynamics Sprechstunden
- Organisation eines Video Urodynamics MDTs in Gemeinschaft mit der Radiologieabteilung
- Verdoppelung der angebotenen Urogynäkologie Sprechstunden und OP Listen
- Einführung laparoskopischer Beckenbodenchirurgie in der Abteilung
- Aufbau einer Beckenbodensprechstunde nach Geburtsverletzungen (OASI obstetric anal sphincter injury) inklusive Überweisungs pathways.
- Erstellung von Protokollen und Leitlinien von Blasenvor- und nachsorge nach Operationen und während der Geburt
- Erstellung einer BSUG Datenbank
- Anpassung der urogynäkologischen Patientenversorgung an die Covid-19 Pandemie.

PREISE UND GRANTS

- 2009 1st prize in the South Thames O&G Congress, Sept 2009.
Abstract Presentation: Is waterbirth protective of the pelvic floor?
- 2012 Muscle repair factors in the human bladder: implications for overactive bladder syndrome. Tribe RM (Co-PI), **Cortes E (Co-PI)**. *Rosetrees Trust Project Grant*; April 2012-Sept 2012; £25,000
- 2013 The role of muscle repair factors (IGF-1 proteins) and correlation with normal and pathological changes in human bladder. Tribe RM (Co-PI), **Cortes E (Co-PI)**. *Rosetrees Trust Project Grant*; June 2013-May 2014; £10,000.
- 2017 Clinical Excellence Award. Kingston Hospital for the development and expansion of Urogynaecology.
- 2018 Research Grant, *Kingston Charity*, May 2018: Muscle repair factors in human bladder. £19,800.
- 2019 Kingston University and Charnwood Molecular Poster Award for the work conducted on Detrusor Muscle repair capacity.

Die Hauptarbeit meiner MD(Res) absolvierte ich am Royal Free Hospital – University College London (UCL). Die Aufsicht meiner Arbeit wurde von Prof. G Goldspink und Prof. W Reid übernommen. Das Herzstück meiner Forschung war die Untersuchung von Faktoren bei Gewebereparaturmechanismen (IGF-1 splice variants) im weiblichen Urogenitaltrakt. Obwohl der meiste Teil meiner Forschung auf Geburtstrauma des m. levator ani (quergestreifte Muskulatur) nach vaginalen Geburten beruhte, wurde zum ersten Mal auch das Vorhandensein dieser Reparaturfaktoren in der glatten Muskulatur sowie im Gewebe des Ovars dargestellt. Diese Arbeit führte zu mehreren Publikationen in peer reviewed journals und nationalen und internationalen Präsentationen.

Das Wissen, das ich mir während meiner MD(Res) angeeignet habe, bildet auch heute noch die Grundlage meiner Forschung über die Pathophysiologie bei overactive bladder, welche ich im Kings College London weiterführte.

Der Titel MD (Res) wurde mir am 28.03.2013 verliehen.

Ich war Mitglied des R&D Komitees in IUGA (International Urogynaecology Association) 2016-2021 und Vorsitzender des Grants Subkomitees.

PUBLIKATIONEN

Peer reviewed journals

1. Evaluation of the fascial technique for surgical repair of isolated posterior vaginal wall prolapse. K Singh, **E Cortes**, WMN Reid. *Obstet Gynecol.* 2003 Feb;101(2):320-4
2. Anorexia nervosa and pelvic floor dysfunction. **E Cortes**, K Singh, WMN Reid. *International Urogynecology Journal.* Vol 14(4), Oct 2003
3. Clinical Examination and Dynamic Magnetic Resonance Imaging in Vaginal Vault Prolapse **Cortes E**, Reid W, Singh K, Berger L.. *Obstet Gynecol.* Jan 2004 103: 41-46
4. Insulin-like growth factor - 1 (IGF-1) gene splice variants as markers of muscle damage in levator ani (LA) muscle following first vaginal delivery. **Cortes E**, Lan F Wong Te Fong, Mahjabeen Hameed, Stephen Harridge, Allan Maclean, Shi Yu Yang, Wendy M Reid, Geoffrey Goldspink. *Am J Obstet Gynecol.* 2005 Jul;193(1):64-70
5. Rising maternal age and antenatal workload. (Re: Which career first. Bewley et al. BMJ. 2005; 331: 588-589). **Cortes E**, Bewley S. *BMJ, Response letter, Published 14 November 2005*
6. Defining success in overactive bladder management: the importance of patient- focused outcomes. Kelleher C & **Cortes E**. *BJOG* 2006; 113 (Suppl 21:1-10)
7. The cost of not treating overactive bladder. **Cortes E** & Kelleher C. *European Genito-urinary disease. Issue 1; 70-2. August 2007.*
8. The Bladder self assessment questionnaire (BSAQ) A new screening tool for patients with Lower urinary tract symptoms. Con Kelleher, Ramandeep Basra, **Eduard Cortes et al** on behalf of the Astellas European OAB faculty. *Eur Urol* (2007), Jul;52(1);230-8. Epub 2006 Nov 15
9. Burden of overactive bladder. A systematic review of quality of life data. Basra R, **Cortes E**, Kelleher C. *Pharmacoeconomics* 2007;25(2);129-142
10. Attitudes to prescribed medicines, and their influence on treatment compliance in OAB Basra R, **Cortes E**, Khullar V, Kelleher C. *Eur Urol Suppl* 2007;6(2):202
11. Evaluation of perioperative morbidity associated with single and multiple myomectomy Kunde K, **Cortes E**, Kalaf J. *Journal of Obstetrics & Gynaecology* Jan 2009, Vol. 29, No. 8, Pages 737-741

12. Do colour and personality influence treatment seeking behaviour in women with lower urinary tract symptoms? A prospective study using the short Lüscher colour test. R. Basra, **E. Cortes**, V. Khullar, C. Kelleher. *Journal of Obstetrics & Gynaecology Jan 2009, Vol. 29, No. 5, Pages 407-411: 407-411.*
13. Waterbirth and pelvic floor injury: a retrospective study and postal survey using ICIQ modular long form questionnaires. **Cortes E**, Basra R, Kelleher C. *Eur J Obstet Gynecol Reprod Biol. 2011 Mar;155(1):27-30.*
14. Neurogenic Detrusor Overactivity in Patients with Spinal Cord Injury: Evaluation and Management. Sahai A, **Cortes E**, Seth J, Khan MS, Panicker J, Kelleher C, Kessler TM, Fowler CJ, Dasgupta P. *Curr Urol Rep. 2011 Oct*
15. The psychology of LUTS: ICI-RS 2011. **Cortes E**, Sahai A, Pontari M, Kelleher C. *Neurourol Urodyn. 2012 Mar;31(3):340-3.*
16. A comparison study of two lower urinary tract symptoms screening tools in clinical practice: The B-SAQ and OAB-V8 questionnaires. Basra RK, **Cortes E**, Khullar V, Kelleher C. *J Obstet Gynaecol. 2012 Oct; 32(7):666-71.*
17. Validation of the Bladder Control Self-Assessment Questionnaire (B-SAQ) in men. Sahai A, Dowson C, **Cortes E**, Seth S, Watkins J, Khan MS, Dasgupta P, Cardozo L, Chapple C, Ridder DD, Wagg A, Kelleher C. *BJU Int. 2014 May;113(5):783-8*
18. Does altered myogenic activity contribute to OAB symptoms from detrusor overactivity? ICI-RS 2013. Chacko S, **Cortes E**, Drake MJ, Fry CH. *Neurourol Urodyn. 2014 May 16*
19. Retrospective analysis of the efficacy and safety of polyacrylamide hydrogel (Bulkamid®) peri-urethral bulking injection at the time of pelvic floor repair in women with pelvic organ prolapse and urodynamic stress incontinence. A pilot study. B. Lemmon, A. Varuguese, L. Cardozo, R. Bray, **E. Cortes**. March 2024, [Continence](#) 10(Suppl 1):101221.
20. Expression of mechano-growth factor (MGF) in refractory overactive bladder. Elisabeth Spiritosanto, Bernadette Lemmon, Fatemia Mohamedi-Yousufi, (+6 authors), **Eduardo Cortes**. DOI: 10.1101/2023.12.08.23299594 (Submitted for publication January 2024)

Publizierte Abstracts

1. Is uterine artery pulsatility index correlated with the number of follicles in clomiphene citrate stimulated cycles? K Lakhani, **E Cortes**, and P Hardiman. *Poster: Simpson Symposium XII. Edinburgh, August 2000.*
2. Is the uterine artery pulsatility index predictive of conception in clomiphene –citrate stimulated cycles? K Lakhani, **E Cortes**, and P Hardiman
Poster: San Diego, (California.UEA) 24th October, 2000
Abstract: Fertility and Sterility. Sept 2000. Vol 74 3S
3. Is waterbirth beneficial for women's waterworks? A study of bladder, sexual, and pelvic floor performance following first vaginal waterbirth, using the ICIQ modular long form questionnaires. **Cortes E**, Basra R, Kelleher C
Poster: International Continence Society, Canada, August 2005.
Abstract: Neuro Urol. Vol 14, 5, 409-579. Oct 2005
4. To leak or not to leak? The effect of incontinence on self-esteem. Basra R, **Cortes E**, Khullar V, Kelleher C
Poster: IUGA June 2007, Cancun
Abstract: Int. Urogynecol J (2007) 18 (Suppl 1):S1–S24
5. Is treatment for LUTS life-long? A real world study investigating the natural history of overactive bladder. Basra R, **Cortes E**, Khullar V, Kelleher C
Poster: IUGA June 2007, Cancun
Abstract: International Urogynaecology journal

6. The role of medication beliefs and illness perception in compliance with drug therapy for overactive bladder. Basra R, **Cortes E**, Khullar V, Kelleher C.
Poster: BSUG, Nov 5th 2007
7. Expression of Insulin Growth Factor (IGF) splice variants in normal ovary and ovarian cancer. **Cortes E**, Wong Te Fong L, Reid WMR, Goldspink G, MacLean A.
Poster: RSM. O&G Herbert Reiss prize. 14th March 2008
Oral Poster: RCOG International Meeting. Trinidad & Tobago. March 2009
8. Expression of Insulin Growth Factor (IGF) splice variants (IGF-1a and MGF) in myometrium and leiomyomas. Does fibroid growth follow muscle damage? **Cortes E**, Wong Te Fong L, MacLean A, Goldspink G, Reid WMR.
Poster: RSM. O&G Herbert Reiss prize . 14th March 2008
Poster: RCOG International Meeting. Trinidad & Tobago. March 2009
9. Predictors of compliance with drug therapy in patients with overactive bladder. Basra R, **Cortes E**, Basra H, Khullar V, Kelleher C
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
10. A Comparison study of two lower urinary tract symptoms screening tools in clinical practice: the B-SAQ and OAB-V8 questionnaires. Basra R, **Cortes E**, Basra H, Khullar V, Kelleher
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
11. Do patients who seek treatment for overactive bladder get better? Results of a 12 month prospective study. Basra R, **Cortes E**, Basra H, Khullar V, Kelleher C
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
12. Responsiveness of the bladder control self assessment questionnaire (B-SAQ) in women receiving treatment for overactive bladder. Basra R, **Cortes E**, Basra H, Khullar V, Kelleher C
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
13. Investigation illness perception in women with lower urinary tract symptoms. **Cortes E**, Basra R, Basra H, Khullar V, Kelleher C
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
14. Does second stage of labour in water protect against pelvic floor dysfunction. A retrospective study using ICI modular questionnaires. **Cortes E**, Basra R, Basra H, Khullar V, Kelleher C
Poster: IUGA, Taipei, September 2008.
Abstract: International Urogynecology Journal. Vol 19 Suppl 1, 2008.
15. Expression of IGF-1 splice variants in the Levator ani muscle in young and elderly women. Why pelvic floor exercises fail in postmenopausal women? **Cortes E**, Basra R, Reid W, Goldspink G
Poster: IUGA, Taipei, September 2008.
16. Is waterbirth protective of the pelvic floor? **Cortes E**, Basra R, Kelleher C
Abstract: Int Urogynecol J (2009) 20 (Suppl 2):S73–S239
17. Expression of IGF-1 splice variants in bladder detrusor muscle. A new repair mechanism present in both normal and pathological bladder. **E Cortes**, EC Chin-Smith, C Kelleher, RM Tribe
Poster Presentation: IUGA, Lisbon (Portugal), July 2011
Int. Urogynecol. J. (2011) 22 (Suppl 1); S1-S195
18. Expression of Insulin-like Growth Factor-1 (IGF-1) splice variants and bladder distension. Does a reduced bladder volume prevent detrusor muscle regeneration? **E Cortes**, EC Chin-Smith, C Kelleher, RM Tribe
Poster Presentation: ICS, Glasgow (UK), August 2011
Neurourology and Urodynamics (2011). Vol 30, Issue 6; 1183-4

19. Mechano Growth factor (MGF), a smooth muscle regeneration mechanism present in the healthy and the pathological bladder. **E Cortes**, EC Chin-Smith, J Freeman, A Chandra, C Kelleher, RM Tribe
Poster Presentation; IUGA, Brisbane, Australia. September 2012
International Urogynaecology Journal (2012). 23 (Suppl 2): S43-S244
20. Expression of Kv7 voltage-gated potassium channels in normal and pathological human bladder
E Cortes, Yosef T. Mansour, David Winters, C Kelleher, RM Tribe
International Urogynaecology Journal (2012). 23 (Suppl 2): S43-S244
21. Pelvic Floor Neglect: A study of pregnant women and their care providers knowledge of perineal trauma. M L Izett, **E Cortes**.
IUGA June 2018, Vienna (Austria).
The Herbert Reiss awards night. RSM, London. 2018
22. Use of polyacrylamide hydrogel peri-urethral injection in women with stress urinary incontinence at the time of surgical management for pelvic organ prolapse in comparison to peri-urethral injection alone: A pilot study. Lemmon B, Kohler-Boureq C, Cardozo L, Bray R, **Cortes E**. ICS Gotteburg, Sweden, 2019.
24. Expression of Mechano Growth factor in refractory OAB.
Spiritusanto E, Lemmon B, Cardozo L, Hill Natasha, **Cortes E**.
IUGA, September 2020. Vurtual Meeting (Oral presentation)
25. Prolonged vaginal pessary use during COVID pandemic.
Asfour Victoria, Mahlotra Anjali, Zyzak-myburgh Marta, Newman Sacha, **Cortes Eduardo**
Podium Presentation. EUGA, Virtual congress, 2020
26. Retrospective analysis of the use of peri-urethral bulking injection at the time of pelvic floor repair in women with pelvic organ prolapse and urodynamic stress incontinence.
B. Lemmon, A. Varughese, Cardozo, L, R. Bray, **E. Cortes**
Presented in IUGA, Texas USA, June 2022
27. Safety of the use of peri-urethral bulking injections at the time of pelvic floor repair as the surgical management of pelvic organ prolapse and stress urinary incontinence.
B. Lemmon, Bray R, **Cortes E**.
Presented in ICS Viena, Austria Sept 2022.
28. Correlation of validated self-assessment questionnaire scores with urodynamic parameters:
Do patient self-reported symptom perception match severity in urodynamics?
Lemmon B, Bray R, Patel K, **Cortes E**
Abstract 473: Toronto, Canada. ICS Sept. 2023.
29. The use of Gracillis tendon transposition for the surgical management of Middle compartment vaginal prolapse. (#377). Andraschofsky, TO, Cortes E, Widschwendter P. IUGA Barcelona, Spain. June 2025

Presentationen

1. Evaluation of the fascial technique for surgical repair of isolated posterior vaginal wall prolapse.
North Thames Registrar Meeting, 14th March, 2001
2. Clinical Examination and Dynamic Magnetic Resonance Imaging in Vaginal Vault Prolapse
American Urogynecology Society. San Francisco, USA. 17thOctober 2002.
3. Insulin-like growth factor - 1 (IGF-1) gene splice variants as markers of muscle damage in levator ani (LA) muscle following first vaginal delivery.
Annual Meeting Physiological Society.
University of Cambridge December 17 – 19, 2003
4. Clinical Examination and Dynamic Magnetic Resonance Imaging in Vaginal Vault Prolapse
Spanish Congress of Pelvic Floor. Vigo, Spain. March 2004.

5. A Comparison study of two lower urinary tract symptoms screening tools in clinical practice: the B-SAQ and OAB-V8 questionnaires.
IUGA, Taipei, September 2008
6. Investigation illness perception in women with lower urinary tract symptoms.
IUGA, Taipei, September 2008.
7. Does second stage of labour in water protect against pelvic floor dysfunction. A retrospective study using ICI modular questionnaires.
IUGA, Taipei, September 2008.
8. Expression of Insulin Growth Factor (IGF) splice variants in normal ovary and ovarian cancer.
RCOG scientific International Meeting. Trinidad & Tobago. March 2009
9. Is waterbirth protective of the pelvic floor?
IUGA, Como, Italy. June 2009
1st prize in the South Thames O&G Congress, Sept 2009.
10. Expression of IGF-1 splice variants in bladder detrusor muscle. A new repair mechanism present in both normal and pathological bladder
E Cortes, EC Chin-Smith, C Kelleher, RM Tribe
Poster Presentation: IUGA, Lisbon (Portugal), July 2011
11. Expression of Insulin-like Growth Factor-1 (IGF-1) splice variants and bladder distension.
Does a reduced bladder volume prevent detrusor muscle regeneration?
E Cortes, EC Chin-Smith, C Kelleher, RM Tribe
Poster Presentation: ICS, Glasgow (UK), August 2011
12. Mechano Growth factor (MGF), a smooth muscle regeneration mechanism present in the healthy and the pathological bladder.
E Cortes, EC Chin-Smith, J Freeman, A Chandra, C Kelleher, RM Tribe
Poster Presentation; IUGA, Brisbane, Australia. September 2012
13. Understanding Bladder Smooth Muscle Repair Capacity in Healthy and Overactive Bladders/
Elisabeth Spiritosanto¹, Amanda Dandagama¹, Francesca Mackenzie¹, Eduardo Cortes², and Natasha J Hill¹.
¹ Biomolecular Sciences Department, Kingston University London, Penrhyn Road, Kingston upon Thames, KT1 2EE, UK
² Department of Urogynaecology, Kingston Hospital, Galsworthy Road, Kingston upon Thames
14. Future challenges in Urogynaecology. Dept Obstetrics & Gynaecology. Medical University Hospital Innsbruck, Austria. July 2022.

Buchkapitel

1. Women's Health Medicine 2005; 2(6):3-5
Urinary Incontinence and quality of life (QoL).
E Cortes, C Kelleher.
Costs of female urinary incontinence.
E Cortes, C Kelleher.
2. Female Urinary incontinence. An evolving challenge for all. (2014)
E Cortes & C Kelleher
Oxford Press
[Challenging Concepts in Obstetrics and Gynaecology: Cases with Expert Commentary - Oxford Medicine](#)

3. Orford Textbook of urological surgery.
Surgical management of prolapse (Oct 2017)
E Cortes, M Belal, A Sahai, R Morley.
[Oxford Textbook of Urological Surgery - Oxford Medicine](#)
4. Pelvic Floor Disorders: A Multidisciplinary Textbook. (Jan 2021)
Urinary Incontinence and voiding dysfunction – Patient Reported Outcome Assessment
E Cortes & L Cardozo.
<https://www.springer.com/in/book/9783030408619>

CLINICAL GOVERNANCE

Als “Head of Gynaecology” war ich verantwortlich für Risikomanagement, Job Planungen und Überwachung des Budgets. Meine Arbeit involvierte auch die Zusammenarbeit mit externen Agenturen zur Errichtung von Arbeitspartnerschaften zum Benefit von Patienten und Gesundheitseinrichtungen. Ich entwickelte die Pathways für Überweisungen von primary (Hausarztordination) to secondary care (Spezialist im Krankenhaus). Ich war in meiner leitenden Funktion verantwortlich für das gute Funktionieren der einzelnen Subspezialisierungen in Gynäkologie (gynäkologische Onkologie, Laparoskopische Chirurgie, Hysteroskopie, Frühschwangerschaft

Klinische Qualitätskontrolle/ Audits

- | | |
|---|---|
| 1. Screening in IUGR. | Presented April 1999. |
| 2. This was a retrospective audit about undetected IUGR pregnancies. | |
| 3. Management of asymptomatic bacteriuria | Presented June 1999. |
| 4. Retrospective audit involving 100 patients with asymptomatic bacteriuria. | |
| 5. Urogynaecology | Presented Dec 1999. |
| 6. Following the recommendations of the RCOG Audit Committee, I looked at the management of 60 patients from North Middlessex Hospital. | |
| 7. CESDI 2000 at RFH | Presented April 2001 |
| 8. Women who had an IUD, at the Royal Free Hospital, were reviewed and graded accordingly, following CESDI classification. | |
| 9. Investigations for stillbirth | Presented April 2001 |
| 10. Notes were reviewed of women who had experienced an IUD, and post-natal investigations were assessed for compliance against an agreed check-list. | |
| 11. Management of 3 rd degree tears | Presented Sept 2007 |
| 12. Audit conducted at Queen Mary’s Hospital on the management and follow up of women who had a 3 rd degree tear according to the RCOG Green Top guidelines. | |
| 13. Audit on transcervical resection of submucosal fibroids | Presented March 2008. Audit conducted at Guy’s and St Thomas’ Hospital. Notes were reviewed on patients undergoing TCRF, looking at complication and cure rates compared with the literature published. This audit led to a peer reviewed journal publication |
| 14. Audit on Post partum bladder management following instrumental delivery | |
| 15. Queen Mary’s Hospital Sidcup. Following RCOG green top guidelines on instrumental delivery we audited post partum bladder care. | Presented October 2008 |
| 16. Incidence of 3 rd degree tears following delivery in the birthing pool | |
| 17. Guy’s & St Thomas’ NHS Trust. | Presented January 2009 |
| 18. Trial without catheter after TVT surgery using standard Haegar dilators | |
| 19. Guy’s & St Thomas NHS FT | Presented June 2013 |
| 20. Bed occupancy following failed TWOC. Service improvement prospective audit. | |
| 21. Guy’s & St Thomas NHS FT | Presented March 2015 |

22. Postnatal bladder care audit. Service improvement audit
23. Kingston Hospital NHS FT

Presented April 2016

Guidelines/ Leitlinien

1. Management of Urinary Incontinence in women. Electronic Clinical Pathway.
Cortes E, Reid WMN.
Royal Free Campus & UCL. UK
On-line guidelines published in Medic 2 Medic, October 2003.
2. Management of 3rd degree tear repair 2003.
Cortes E, Reid WMN.
Royal Free Hospital NHS Foundation Trust, London.
3. Protocol Nurse-led pelvic floor ring clinic 2003.
Cortes E, Reid WMN
Royal Free Hospital.
4. Management of Recurrent Urinary Tract Infections in women. 2011
Cortes E & Kelleher C
Guy's & St Thomas' NHS Foundation Trust
5. 24 hour discharge protocol following pelvic floor surgery
Cortes E & Kelleher C
Guy's & St Thomas' NHS Foundation Trust
6. TWOC in the community
Cortes E
Guy's & St. Thomas' NHS Foundation Trust
7. Management and referral pathway of 3rd degree tears
Cortes E
Kingston Hospital NHS Foundation Trust
8. Management of Post-natal TWOC
Cortes E
Kingston Hospital NHS Foundation Trust
9. Management of Gynaecology post op TWOC
McBride R & Cortes E
Kingston Hospital NHS Foundation Trust
10. Management of DSU TWOC
Cortes E
Kingston Hospital NHS Foundation Trust
12. Ambulatory Urodynamics
Sacha Newman, E Cortes
Kingston Hospital NHS Foundation Trust
13. PTNS protocol
Sacha Newman, E Cortes
14. Post-operative Gynaecology TWOC (update)
Sacha Newman, A Varughese, E Cortes.
15. Management of 3rd and 4th degree tears.(update)
E Cortes
16. Bladder Care in Labour. Kingston Hospital 2020
E Cortes & Sacha Newman

KURSE UND MEETINGS

1. Doctorate Courses in Medicine.
Autonomous University of Barcelona (October 1994- June 1996).
Advances in Internal Medicine, Emergency medicine for post-graduates, Advances in Infectious Diseases, Support treatment of oncological patients, and Specific aspects of AIDS.
2. Diploma in Tropical Medicine. Autonomous University of Barcelona (October 1996 -June 1997).
3. Radiation Protection Certificate related to Diagnostic Radiology. The Institute of Physics and Engineering in Medicine (13th October 1998).
4. Advanced Life Support in Obstetrics UK (ALSO course). I acquired my Certificate of Course Completion, on the 10th-11th of May, 1999, in Manchester.
5. Medical problems facing Obstetricians and Physicians in Pregnancy. 6th –8th of October, 1999. Queen Charlotte’s Institute of Obstetrics and Gynaecology, London. Certificate of attendance.
6. Basic Colposcopy course. 22nd-23rd of June, 2000.
The Whittington Hospital, London. Certificate of attendance.
7. Basic Obstetrics Ultrasound Course. The Royal Free Hospital, London. 28th – 30th of March,2001.
8. Basic Gynaecology Ultrasound Course. The Royal Free Hospital, London. April 2004.
9. Third degree vaginal tear repair course. Mayday Hospital. London. October 2005
10. A sense of leadership 6. Negotiation skills course. Pfizer Educational Meeting. London. May 2006.
11. A sense of leadership 7. Time management course. Pfizer Educational Meeting. Windsor. May 2007.
12. Certificate in Urodynamics. St Mary’s Hospital, London UK. Official course BUI. January 2011.
13. Hands-on Endoanal Ultrasound. Guy’s & St Thomas Hospital. London, UK. July 2011
14. ICI-RS 2011. Certificate of attendance. Bristol, UK. June 2011
15. 10th Oxford Anatomy Course for Urologists & Gynaecologists. Oxford, UK. September 2011
16. Leading lights in Urogynaecology. Barcelona, Spain. 8-10th December 2011
17. Clinical Leadership and Educational Supervisor. London Deanery, UK. 19th January 2012.
18. STUF (Subspecialty Trainees in Urogynaecology Forum). Manchester, UK. 2-3rd March 2012
19. Masterclass in Pelvic Organ Reconstructive Surgery. Terneuzen (Holland) 24-26th April 2012
20. Sense of Leadership 2012. Manchester. 28-29th April 2012
21. Education Pelvic Floor Repair Program. Amsterdam (Holland) 18th of March 2012
22. Keele Clinical management Course. King’s College Hospital, London. 18-19th July 2012.
23. IUGA meeting. Brisbane, Australia. 5-8th September 2012.
24. EUGA meeting. Prague, Txec Republic. September 2012
25. London Bladder Forum. London. November 2012.
26. ICS. Barcelona, Spain. September 2013
27. Mentoring Programme. Guy’s & St Thomas’ NHS FT. 4th November 2013.
28. Simulation Course. Patient safety in Hospital Birth Centre. Guy’s & St Thomas’ NHS FT, London, UK.
January 2014
29. Pelvic Floor Masterclass: Dilemmas in Pelvic Floor Surgery. The ARK Conference Centre, Basingstoke. UK.
February 2014
30. Preparation for Consultant Interviews. Hammersmith Interview Course, London, UK. February 2014
31. UK Continence Society annual meeting. London, UK. March 2014
32. Bladder Forum. London, UK 4th July 2014.
33. ICI-RS. Bristol, UK Sept, 2014
34. Bladder Forum, London Uk, October 2015
35. Update in Urogynaecology, November 2016.
36. Bulkamid in outpatients workshop, Bromley 2016
37. Update in urogynaecology, RCOG. November 2017.
38. Hands on Laparoscopic Hysterectomy. Lotus. Devon. March 2018.
39. IUGA, Vienna. June 2019.
40. IUGA, Virtual Meeting. Sept 2020

41. 4. Haller Gynäkologie Symposium, LKH Hall, Tirol. Okt 24
42. OP-Kurs Anatomie Urogynäkologie, Medizinische Universität Innsbruck/ Landeskrankenhaus Hall. Co-Organisator. Jan 25
43. Gynsono Workshop 2025, Die Sonographie in der Gynäkologie – Möglichkeiten, Limitationen und therapeutische Konsequenzen. Landeskrankenhaus Hall